

How to get to The Seclusion Retreat

We look forward to welcoming you and wish you safe travels! Please let us know if you expect to arrive after office hours so that we can prepare a welcome packet for you.

Address: 18443 MacNab Cypress Road, Nevada City, CA, 95959

Guest Services Hours: Monday – Sunday: 9:00 a.m. – 5:00 p.m

Guest Services Phone: (800)346-5350 or (530)478-7518

Coming from a Distance

If you are planning to come via plane, bus or train, please note that we are a minimum 1 hour away from any nearest bus/train station, and 2+ hours from the nearest airport.

Please reach out to us if you need help hiring a ride and we are happy to share contact information for drivers who have helped our guests in the past (requires advanced notice). Some guests have successfully used services like Uber, but it is not foolproof so we don't suggest that you rely on that as your main option.

Flying

- **Preferred Airport:** Sacramento International Airport (SMF)
- **Other Option:** Reno-Tahoe International Airport (RNO)

Both airports are approximately 2-2.5 hours driving distance from us. You can either rent a car, or hire a ride.

Bus or Train

Greyhound Bus - Closest Station: Colfax (approx. 1 hour driving distance)

Contact Greyhound directly for routes, current prices, schedules and reservations at 800-231-2222 or www.greyhound.com.

Amtrak Bus/Train

- **Coming from East:** Colfax
- **Coming from West:** Auburn Bus Station

Both stations are approximately 1 hour driving distance from us. Contact Amtrak directly for routes, current prices, schedules and reservations at 800-USA-RAIL or www.amtrak.com.

Directions By Car

From Sacramento (2 Hours)

Take I-80 east to the town of Auburn, then Highway 49 north to Grass Valley/Nevada City (turn left onto Hwy 49 after you exit I-80). Stay on Hwy 49 through Grass Valley and Nevada City. As you pass through Nevada City on Hwy 49: Take the left turn at the large sign which says "49 to Downieville" and follow the general directions below.

From Reno (2.5 Hours)

Take I-80 west to Hwy 20, then Hwy 20 west for about 30 minutes to Hwy 49. Turn right on Hwy 49 toward Downieville, and follow the general directions below.

From the Northwest

Take I-5 south to Williams, Calif., then Hwy 20 east to Grass Valley, where Hwy 20 joins Hwy 49. Take Hwy 49/20 north to Nevada City. As you pass through Nevada City on Hwy 49: Take the left turn at the large sign which says "49 to Downieville" and follow the general directions below.

General Directions

- 10.5 miles after turning toward Downieville, look for a brown state park sign on the right that reads "Malakoff Diggins". There, you will turn right onto Tyler Foote Road.
- After driving for about 4.7 miles on Tyler Foote Road, you will see the large "Ananda Village" sign on the left. Continue PAST Ananda Village on Tyler Foote Road for another 3.0 miles.
- Look for a bright yellow "curves ahead" sign, followed by two bright yellow "school crossing" signs on the right for Grizzly Hill School. Make a right turn immediately after these signs onto Jackass Flats Rd.
- Follow this gravel road for 2.2 miles. Always veer to the right. Do not turn left until you see the small Ananda sign.
- Turn left up the hill at the small brown "Ananda" sign that is low to the ground and marked with two red reflectors. (There is also a large green sign which says "Macnab Cypress Road" on a tree just inside the entrance road to the Retreat).
- Continue 0.6 miles up the hill to the main parking area past the sign for the Ananda Meditation Retreat. After you park your car and walk through the gate, the office is the building just to your right.